



Catholic IQ

SACRAMENT QUESTIONS

1. Signs and causes of grace, instituted by Christ, and entrusted to the Church. What are the sacraments? CCC#1131
2. The three forms of penance often encouraged during the season of Lent. What are fasting, prayer, and almsgiving? CCC#1434
3. A prayer that expresses our sorrow for our sins, our love of God, and our resolution not to sin again. What is the Act of Contrition? CCC#1451
4. Baptism, Confirmation, and Eucharist. What are the sacraments of Initiation? CCC#1212
5. The perfumed oil used in the sacraments of Baptism, Confirmation, and Holy Orders which is consecrated by the bishop and signifies the gift of the Holy Spirit. What is chrism? CCC#1241
6. Water, chrism, a white garment, and candles. What are the symbols used in the sacrament of Baptism? CCC#1243
7. In this sacrament Christ becomes present in the Christian community. What is the Eucharist? CCC#1348
8. Under the consecrated species of bread and wine Christ himself, living and glorious, is present in a true, real, and substantial manner. What is transubstantiation? CCC#1413
9. The sacraments at the service of communion to the Church. What are Holy Orders and Matrimony? CCC#1534
10. The three degrees of the Sacrament of Holy Orders. What are diaconate, presbyterate, and episcopate or deacon, priest, and bishop? CCC#1536

MORALITY

1. At the heart of Jesus' preaching, these promises tell us how to live so as to give witness to the Kingdom of God. What are the Beatitudes? CCC#1716
2. Prudence, Justice, Fortitude, Temperance. What are the cardinal virtues? CCC#1805
3. Faith, Hope, Charity.

What are the theological virtues? CCC#1813

4. What we might do or neglect on purpose that does harm to others.
What is sin? CCC #1849
5. The free and undeserved help that God gives us to respond to His call.
What is actual grace? CCC#1996
6. Rules presented by God to Moses concerning what is required to love God and our neighbor.
What are the Ten Commandments? CCC#2067
7. Honoring or revering power, pleasure, money, or another creature in place of God.
What is idolatry? CCC#2113
8. How is illegally copying a CD against the Seventh Commandment.
It is stealing from the author. CCC#2408
9. The commandment that forbids greed and the desire to amass earthly goods that belong to another.
What is the Tenth Commandment? CCC#2536
10. What is required to keep the Sabbath holy.
Bringing our everyday work to a halt and resting. It is a day of protest against the servitude of work and the worship of money. To render to God outward, visible, public, and regular worship.
CCC#2172, 2176

PRAYER

1. The raising of one's mind and heart to God.
What is prayer? CCC#2559
2. The book in the Old Testament that is a collection of both personal and communal prayers.
What is the Book of Psalms? CCC#2596
3. In this Gospel Jesus prays before every decisive moment of His mission.
What is the Gospel of Luke? CCC#2600
4. The name Jesus used when He prayed to God the Father. What is "Abba"? CCC#2605
5. In whose name did Jesus tell His disciples to pray. What is "in the name of Jesus"? CCC#2614
6. Adoration, Contrition, Intercession, Thanksgiving, and Praise.
What are the forms [types] of prayer? CCC#2626-2643
7. Vocal prayer, Meditation, and Contemplation. What are the three ways to pray? CCC#2721
8. This is the prayer that Jesus taught us. What is the Our Father or the Lord's Prayer? CCC#2765
9. This phrase in the Our Father refers to everything we need, both physical

and spiritual, especially to the Word of God and the Body of Christ in the Eucharist.
What is “our daily bread”? CCC#2861

10. “So be it”. What is “Amen”? CCC#2863

FAITH

1. The call to all Christ’s faithful to hand the Gospel message on from generation to generation.
What is Evangelization? CCC #905
2. This is the Good News contained in the teachings of Christ and the Apostles?
What is the Gospel? CCC#571, 75
3. The teaching office of the Church.
What is the Magisterium? CCC#85
4. The great feast that celebrates the adoration of Jesus by the Wise Men.
What is the Epiphany? CCC#528
5. This Creed originated in the 4th century and remains common to all great churches of both the East and West. What is the Nicene Creed? CCC#195
6. The belief in one God, the almighty Father, his only Son, and the Holy Spirit.
What is the Trinity? CCC#233
7. The doctrine that states the “Son of God becomes man in order to accomplish our salvation”.
What is the Incarnation? CCC#461
8. According to the doctrine of the Immaculate Conception, this person was conceived without the stain of original sin? Who is Mary? CCC#491
9. Christ’s passion, crucifixion, death, burial, descent into hell, Resurrection, and Ascension.
What is the Paschal mystery? CCC#512
10. An agreement, sealed by Jesus’ sacrificial blood, which restored man’s relationship with God. What is the New Covenant? CCC#613

BONUS QUESTION:

WHY IT IS SO IMPORTANT THAT WE PARTICIPATE AT MASS?

What is because the liturgy is the most important action the Church does. CCC#1069

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